

This document is reference information about the products.
Please confirm a document attached to a product definitely.

Class-2 pharmaceutical
product

The Japanese Pharmacopoeia Bepotastine Besilate Tablets

TALION[®]AR

Allergic Rhinitis Medicine

- This medicine works for sneezing and running nose as well as stuffy nose as it has not only antihistaminic effect but also anti-inflammatory effect.
- It belongs to the second-generation antihistamines with little effect on drowsiness, dry mouth, and daily life.
- Take one tablet in the morning and evening, and the effect lasts all day long.
- You can also take it on an empty stomach.

⚠ PRECAUTIONS



DON'Ts

[Failure to follow these precautions may worsen the clinical condition or cause adverse reactions.]

1. Do not take

- (1) if you have a history of allergic reactions to this product or the ingredients of this product
- (2) in children under 15 years old
- (3) you have been diagnosed with the following disease: kidney disease

2. Do not take the following medications while taking this product

Other allergy medicines (including oral drug for rhinitis and skin disease drug), or oral medicines containing anti-histamines (cold drug, antitussive and expectorant drug, motion sickness drug, or hypnotic sedative)

3. Do not drive or operate machinery after taking this product (as it may cause drowsiness)

4. Nursing mothers should not take this product or discontinue nursing while taking this product.

5. Avoid alcohol while taking this product



CONSULTATION

1. Consult a doctor, pharmacist, or registered salesperson before use if

- (1) you are under the care of a doctor.
- (2) you are pregnant or suspected of being pregnant.
- (3) you are an elderly person.
- (4) you have ever had an allergic reaction to a medical product, etc.
- (5) you do not know if the symptom is caused by an allergy or a different cause.
- (6) you have been diagnosed with the following diseases: other allergic diseases including bronchial asthma and atopic dermatitis.

2. Discontinue use immediately and consult a doctor, pharmacist, or registered salesperson showing this package insert if any the following symptoms occur after the medication, since it can be an adverse reaction.

Affected area	Symptoms
Skin	Rash, swelling, urticaria
Gastrointestinal system	Nausea, vomiting, stomachache, stomach discomfort, glossitis, abdominal pain
Central nervous system	Malaise, headache, dull headache, dizziness
Urinary system	Hematuria, urine output decrease, urination difficulty
Others	Menstrual abnormalities, oedema, palpitations, difficulty breathing, numbness, dysgeusia

3. After the medication, the following symptoms may occasionally occur. If such symptoms persist or worsen, discontinue use and consult a doctor, pharmacist, or registered salesperson showing this package insert.

Dry mouth, drowsiness, constipation, and diarrhea

INDICATIONS

Alleviation of nasal allergic symptoms including sneezing, running nose or stuffy nose, which are caused by pollens, house dust (indoor dust), and similar substances

DOSAGE AND ADMINISTRATION

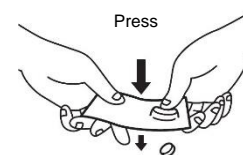
An adult (≥15 years of age) should take one tablet at a time, twice a day, in the morning and evening.

Age	Dosage	Frequency
Adults (≥ 15 years of age)	One tablet	Twice a day, morning and evening
<15 years of age	Not recommended	

<Precautions for dosage and administration>

- (1) Strictly follow the DOSAGE AND ADMINISTRATION.
- (2) For an allergic symptom caused by pollen, it is effective to start taking it from the expected day of pollen dispersion or as soon as the symptoms start.
- (3) It increases efficacy with continued use.
- (4) If such symptoms have not resolved after 1 week of treatment or, even if the symptoms are alleviated but you use this product more than 2 weeks, consult a doctor or pharmacist.
- (5) How to remove the tablets from blisters:

As shown in the figure on the right, press the blister strongly with fingertips to break the aluminum foil on the reverse side and tip the tablet out before swallowing it. (Swallowing a tablet without removing the PTP sheet by mistake may cause unexpected problems such as the PTP sheet sticking to the mucous membrane of the throat.)



COMPOSITION (Daily dosage: 2 tablets)

Bepotastine Besilate··· 20 mg

Additives: magnesium stearate, cellulose, talc, hypromellose, macrogol, and D-mannitol

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a cool, dry place, away from direct sunlight.
- (2) Keep out of reach of children.
- (3) Do not transfer or store in another container. (May lead to misuse or quality deterioration.)
- (4) Do not use after the expiration date.



Manufactured and distributed by
TANABE PHARMA CORPORATION
3-2-10, Dosho-machi, Chuo-ku, Japan